



When the doors of perception are cleansed,  
man will see things as they truly are, infinite.

**W**illiam Blake

Wherever a person is, he is sitting on a mine of untapped potential. There are gaps to be bridged out in actualising this potential. These gaps are in the form of emotional and perception blocks, creating attitudes and approaches which are not aligned with the *Next Challenge* coming their way.

High Potential people are the biggest assets for an organisation. They are at their present positions *because of* their old patterns or *in spite of* them. *Next Challenge* requires unblocking from these. When an organisation is able to impact these patterns, it is able to reap the rewards from the flow.

At times, even when the individual knows the problem and the possible solutions, he is unable to implement them efficiently. Something comes in the way. Something blocks him from manifesting his best self.

The 'Problem' – 'Solution' approach keeps him going in a spiral, alike a dog trying to catch its own tail. It is the underlying, and mostly hidden emotional patterns and attitudes which keep them blocked.

We employ an alternative approach with which the natural flow starts emerging. Blocks give way to the spring of unleashed potential, which was lying dormant before.

## *Outcomes of the Workshop*

1. The apparent and the real problems are 'audited'.
2. Underlying emotional blocks are acknowledged and cleared.
3. A transformed view and new approaches get created.

## *Tools and Techniques Employed*

1. **Energy-Psychology (EFT)** : A cutting edge tool employing the body and mind connections.
2. **GAGA Grid** : The tool which stimulates various spaces of the mind.
3. **Neuro-Linguistic Programming (NLP)**.

## *Workshop Leader's Profile*

Kshitij Negi is practicing Energy-Psychology (EFT) for last 9 years. He is an MBA from Sydenham Institute of Management and a subject expert with Acumen Consulting.

Kshitij has been leading workshops and taking Personal Coaching on a wide range of Emotional and Behavioural Issues. He brings a unique tool of GAGA Grid developed by him in his practice.

Workshop : ***Going GAGA over Potential***

Participants : ***HIPO (High Potential Employees)***

Duration : ***2 Days.***

***(Followed by 2 mentoring one-on-one sessions. One week and One month later.)***

***W*** ***orkshop Flow***

	Theme	Deliverables
<b>Day 1</b>		
<b>Session 1</b>	<b>Introduction</b>	<b>Setting the expectations of the Program</b>
	<b>1<sup>st</sup> Audit</b>	<b>Looking at visible and obvious issues</b>
		<b>Gauging the emotional impact</b>
<b>Session 2</b>	<b>2<sup>nd</sup> Audit</b>	<b>Looking deeper underneath the obvious</b>
		<b>Rephrasing the choices</b>
		<b>Identifying the Gaps</b>
<b>Day 2</b>		
<b>Session 3</b>	<b>Zooming in</b>	<b>Breaking the walls of perception</b>
		<b>Going beyond 'given'</b>
<b>Sessions 4</b>	<b>Secrets unveiled</b>	<b>Introducing Energy-Psychology</b>
		<b>Confrontation with blocks</b>
		<b>Looking at one's other side</b>
<b>Session 5</b>	<b>Clean-up</b>	<b>360 degrees clearing</b>
		<b>Energy-Psychology in action</b>
<b>Session 6</b>	<b>Taking the real stock</b>	<b>New view of the road ahead</b>
		<b>Grounding in the new view</b>
		<b>Tools to handle recurrence</b>