

When was the last time you gave your car an overhaul?

When was the last time you gave your fridge a defrost??

When was the last time you gave your emotions an overhaul???

Here's how you can do it...

Going GAGA over EFT !

One day energy-psychology (EFT) programme for Emotional Audit and Emotional Overhaul



Gift Yourself a New Freedom!

Freedom from unwanted and negative emotions.

Freedom from the sting and power of recurring unwanted memories.

Freedom from hidden emotional roots of physical pains and dis-eases.

Freedom from the physical discomforts and diseases.

Date , 2010day (9 AM to 7 PM)
(Please report at 8:30 AM for Tea. Workshop begins sharp at 9)

Fee Rs.3500/- per head. Inclusive of lunch
Fees is Non-Refundable.
It is Transferable before commencement.

Venue
.....
tel. 28797979

Contact Kshitij 9324781279
Jhankar 9821331416

Outcomes of the Programme

At the end of the day in the programme, each participant

Will have **50% to 100% relief** in intensity, duration and frequency of **one acute physical or emotional** problem (please bring at least one such problem that you would like to get rid of.)

Will have **learnt** the simple and simply powerful **EFT (Emotional Freedom Techniques)** for basic relief on any physical or emotional problem.

Will learn the relationship between body, mind and subtle energies underneath.

Will have a thorough 360 degrees **EMOTIONAL OVERHAUL**

Will have some surprising **by-products**: relief, elimination or subsiding of other **physical and emotional pains, diseases and discomforts, clearing of negativity and blocks, clarity and creation of future, uncovering of the hidden blocks to joy and happiness, and more.**

At the end of one week after the workshop, having done the given 20 minute a day routine, each participant

Will have 70% to 100% relief in of one acute **physical or emotional/mental** problem. This relief will be **in intensity, in duration AND in frequency.**

Will have the access to utilizing the power and magic of **GAGA and EFT** for any other problem one chooses.

About these techniques and us

This one day programme is based on Energy-Psychology (EFT in particular). EFT believes that your body, mind and subtle energies of the body, are a reflection of each other.

EFT is a very simple to apply, non-invasive, non-drug, technique to heal oneself and one's life. It only involves gently tapping certain points on the body, and creative use of the language. (Please visit www.gagabliss.net / www.emofree.com for more information and case studies of EFT)

In this programme, EFT comes with the booster of GAGA. GAGA is a powerful and comprehensive tool based on the works of **Louise H. Hay ('Heal Your Life'), Abraham-Hicks ('Ask and it is given'), O' Carl Simonton ('Getting Well Again')** among others.

In the least, GAGA serves as an exercise to identify and un-conceal the obvious and the not so obvious blocks to your wellness. At its best, GAGA serves as a dance floor to be in your highest grandest feeling and physically create whatever you wish for yourself!

Kshitij Negi is an EFT practitioner for the last 8 years. Having led programmes and facilitated and coached more than 250 individual clients heal themselves, usually for issues on which nothing else seemed to work. A couple of these cases can be seen on :

<http://www.emofree.com/articles/platelet-count.htm>

<http://www.eftbliss.blogspot.com/>

For those of you who are familiar with EFT or **'The Secret/Law of attraction'**, this will be an opportunity for assured value addition. It will open up, why it doesn't SEEM TO work for YOU, and more importantly, HOW to make it WORK!